

**MADANAPALLE INSTITUTE OF TECHNOLOGY AND SCIENCE
(UGC – AUTONOMOUS)**

**Report on Cleanness Day conducted by MITS-NCC through seminar on 30
January 2024**



On January 30, 2024, MITS – NCC commemorated "Cleanness Day" with our cadets. The event featured all the cadets, as they shared moving reflections on the significance of Cleanness Day. Cleanliness is the most important habit one can possess, as cleanliness and health are interrelated. By being clean, you can fight off and prevent many diseases, especially communicable ones.

Moreover, cleanliness enhances your physical, mental, and spiritual health. There are countless benefits to cleanliness.

All the cadets contributed by participating in Cleanness Day, aiming to enhance awareness and understanding among the attendees.

The celebration sought to instill a sense of national responsibility in every citizen, especially among the youth, and to encourage them to maintain cleanliness in their surroundings. MITS – NCC cadets organized an awareness program to honour and remember Cleanness Day.